KAI and CLIMATE

Whangārei Backyard Gardening

Dr. Carol Peters
Whakaora Kai

Charles Buenconsejo
Soil of Cultures
Food Security, Food Sovereignty

“Zero waste, Zero hunger”
In the last year, Whakaora Kai Te Tai Tokerau supplied 727.9K meals.
In uncertain times, Food Rescue collaborates with civil defense to collect and distribute food.

Backyard gardening, however, provides best food resilience.
About Soil of Cultures

"Seeds of Resilience Amidst the Covid Lockdown"
FREE ORGANIC LETTUCE SEEDLINGS!

Please return or donate seeding trays, so I can grow more seedlings. Thanks! 😊
## MAUNU COMMUNITY GARDEN

### Autumn/Winter 2023

**Polycropping**

**Succession plan**

<table>
<thead>
<tr>
<th>Legend</th>
<th>Plant</th>
<th>Days</th>
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<tbody>
<tr>
<td><img src="https://example.com/thyme.png" alt="Thyme" /></td>
<td>Thyme</td>
<td>75-90</td>
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<td><img src="https://example.com/spinach.png" alt="Spinach" /></td>
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<td>30-40</td>
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<td>30-45</td>
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<td>30-35</td>
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<td>100-120</td>
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<td>Chives</td>
<td>60</td>
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<tr>
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<td>Radish</td>
<td>25-30</td>
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</table>
CALLING ALL ASIAN MIGRANTS IN WHANGAREI!!

JOIN "BACK TO THE ROOTS"

PROGRAM AND REVITALISE OUR CULTURAL FOODS, STORIES & MYTHS. LET'S CULTIVATE GARDENS, SHARE KNOWLEDGE, CELEBRATE BIO-CULTURAL DIVERSITY, AND CREATE A THRIVING COMMUNITY.

Visit www.soilofcultures.com to join. Applications close on July 21, 2023
Download the autumn/winter polycropping succession plans.

Spring/Summer succession plans will be available soon.

We need volunteers at Food Rescue.

www.soilofcultures.com
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www.facebook.com/soilofcultures

www.whakaorakai.org
@whakaorakai
www.facebook.com/155FoodRescue